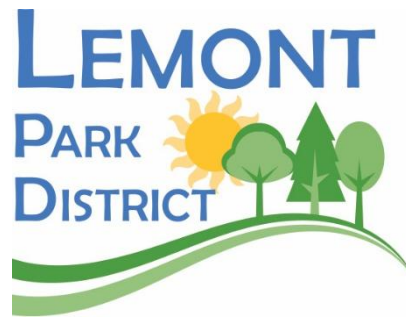
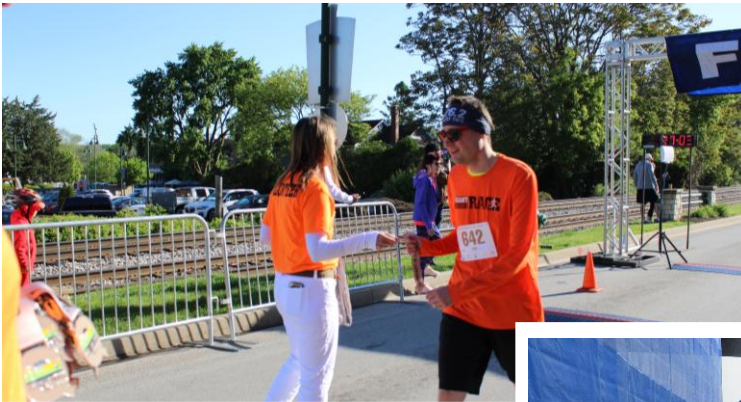




Volunteer Handbook





Lemont Park District Volunteer Handbook

Version Number: 1.0

Effective Date: April 1, 2026

Prepared By: Christine Aguirre, Director of Risk and Personnel

Approved By: Christine Aguirre, Director of Risk and Personnel

Review Date: January 1, 2027

Revision History:

Table of Contents

1. Purpose of Policy
2. Scope of Policy
3. Volunteer Contacts
4. Types of Volunteers
5. Volunteer Recruitment and Application Process
6. Volunteer Roles and Responsibilities
7. Review and Revision Process
8. Acknowledgement

Appendices

9. Appendix A: Lemont Park District Administrative Policy Manual 3-1 Volunteer Policy
- 10: Lemont Park District Volunteer Application
- 11: Lemont Park District Court-ordered Volunteer Application
- 12: Volunteer Waiver



1. Purpose

The Lemont Park District Board of Commissioners recognizes the important role that Volunteers play in District events and programs. The Park District can schedule a greater volume of programs to better serve the community with the help of Volunteers. These compassionate individuals provide a link with the community and utilize his or her skills to help meet the needs of the public. Volunteers also display immeasurable amounts of energy and effort working several hours solely to benefit Lemont Park District programs and in turn enhancing the lives of many individuals.

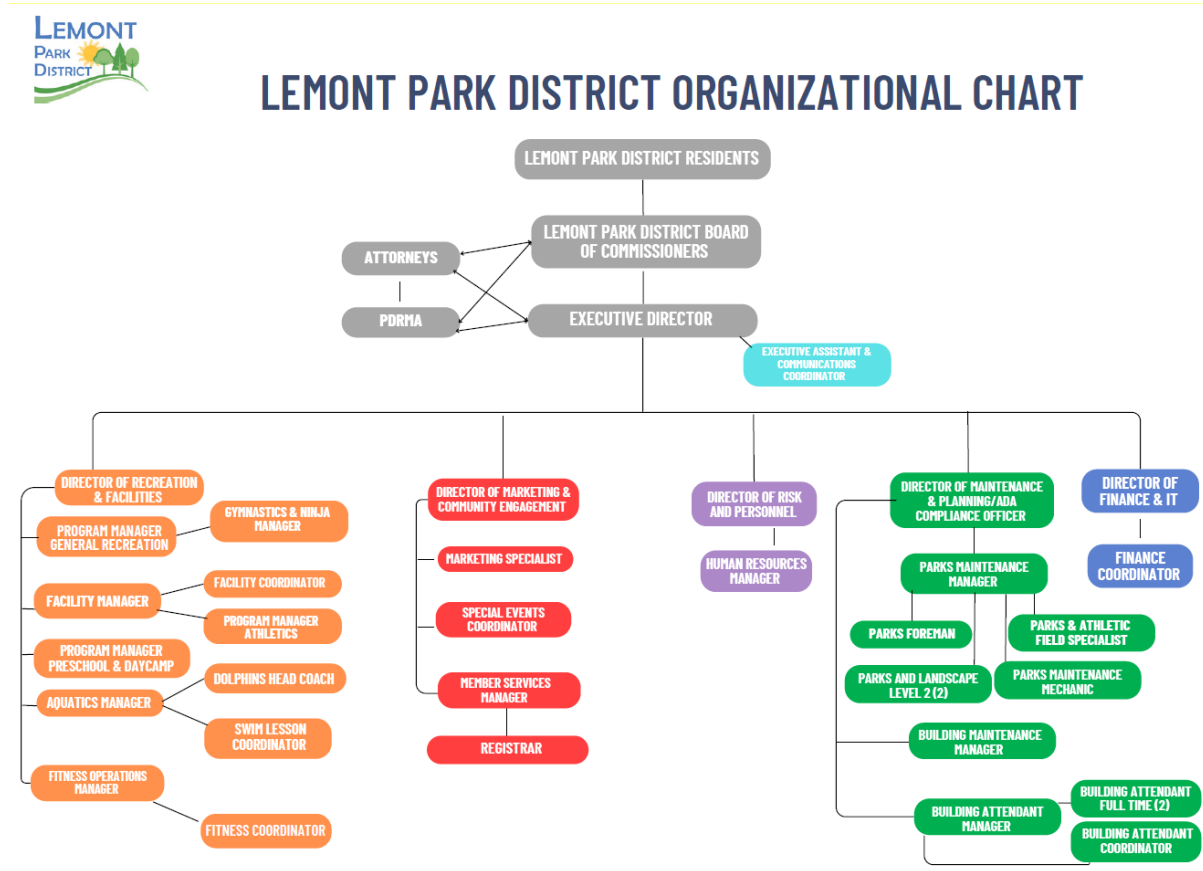
Therefore, it is the policy of the Lemont Park District to recruit, train, supervise and recognize Volunteers on an ongoing basis for the betterment of the Park District community.

2. Scope of This Volunteer Handbook

This Volunteer Policy Manual applies to all individuals who volunteer with the organization and to staff responsible for supervising volunteers. It governs the recruitment, engagement, supervision, conduct, and recognition of volunteers participating in programs, services, events, and activities conducted on behalf of the organization. The manual establishes guidelines to ensure a safe, respectful, and effective volunteer environment while supporting the mission and values of the organization. These policies apply to all volunteer activities carried out on-site or off-site under the organization's authority. This manual does not constitute an employment contract, and volunteers are not considered employees of the organization.

3. Volunteer Contacts

3.1 Lemont Park District Organization Chart



3.2 Volunteer Staff Contacts

Below is a list of staff who directly work with Volunteers:

Lisa Dian, HR Manager – Volunteer Applications and Background Checks

- ldian@lemontparks.org

Luke Wiseman, Athletic Supervisor – Basketball and Soccer League Coaches

- lwiseman@lemontparks.org

Mike Forsythe, Dolphins Head Swim Coach – Dolphins Swim Team

- dolphins@lemontparks.org

Kathy Cliff, Special Event Coordinator – Special Events

- kcliff@lemontparks.org

Jason Smith, Building Attendant Manager

- jsmith@lemontparks.org

4. Types of Volunteers

The Lemont Park District utilizes 3 types of volunteers:

- Volunteer Coaches/Parents: These volunteers typically coach or assist with the games/meets, practices and events related to youth sports leagues and programs such as soccer, basketball, flag football and swim team.
 - Examples:
 - Parent Coach or Assistant Coach
 - Scorekeeper/Timer
 - Snacks/Concessions
 - Game/Meet Logistics
- Special Event Help: These volunteers typically help for the District's special events and races.
 - Examples:
 - Quarryman 10 mile/5k Race
 - Frigid 5k
 - Indoor Triathlon
 - Daughter Date Night
 - Merry and Bright PJ Night
- Court-ordered Community Service: These volunteers typically work with our Building Attendant staff to complete court-ordered volunteer time.

5. Volunteer Recruitment and Application Process

5.1 Volunteer Age and Ability Requirements

All Lemont Park District volunteers should be ages 18 years of age or older. Volunteers ages 14 to 17 may apply but will have limitations in what they are able to do and therefore the hours available may be limited and must follow all Illinois State Child Labor Laws. Ability to lift and/or move up to 50 lbs. with assistance.

5.2 Volunteer Recruitment

Please see Appendix A: Lemont Park District Administrative Policy 3-1 Volunteer Policy for details.

5.3 Volunteer Application Process

Most volunteers will have to complete an application. Please see below for the requirements for the specific types of volunteers.

Volunteer Coaches/Parents: are required to fill out a volunteer application annually. Appendix B is the volunteer application

Special Event Help: May be asked to complete a volunteer application if they are volunteers for extensive periods of time.

Court-ordered Community Service: is required for all court-ordered volunteers. Appendix C is the Court Ordered Volunteer Application.

6. Volunteer Roles and Responsibilities

Volunteers play an important role in supporting parks and recreation programs, events, and services. Volunteers are expected to perform assigned tasks to the best of their ability and follow the guidelines established by the department.

Volunteer responsibilities include arriving on time for scheduled assignments, communicating with staff if they are unable to attend, and completing tasks as directed by their supervisor. Volunteers should maintain a positive attitude, treat participants and fellow volunteers with respect, and help create a safe, welcoming, and family-friendly environment for all visitors.

Volunteers are also expected to follow all department policies and safety procedures, wear appropriate attire for their assignment, and represent the Parks and Recreation Department in a professional manner while serving the community.

5. Volunteer Expectations

5.1 Communication Methods

Typical communication methods include email, group text, and apps such as Group Me. In emergencies or when deemed necessary and appropriate, the volunteer staff contact will call or text a volunteer directly.

Volunteers are expected to respond to the volunteer staff contact communications promptly, typically within 24 hours during business days.

5.2 Scheduling Process

Each type of volunteer handles this slightly differently. Please see your volunteer application or contact your volunteer staff contact for more information.

5.3 Cancellation Policy

Volunteers who are unable to fulfill a scheduled shift or assignment must notify the Parks and Recreation Department as soon as possible, preferably at least 24 hours in advance of the scheduled activity. Notification should be made directly to the designated staff supervisor or volunteer coordinator by email, phone, or the department's scheduling system. In cases of emergency or illness, volunteers should notify staff as soon as reasonably possible so that alternative arrangements can be made. Repeated cancellations without adequate notice may result in reassignment or removal from volunteer opportunities.

5.4 What to Wear

Volunteer Coaches/Parents: You can't go wrong with athletic wear that is suitable for a family-friendly setting and appropriate for the weather or environment.

- Sports Leagues: some volunteer coaches may be issued a coach t-shirt.
- Dolphins Swim Team: parents generally wear Dolphins logoed gear. Please wear slip-resistant footwear when working positions on the pool deck.

Special Event Help: You will receive directions on what to wear depending on the event. Some races volunteers are issued a t-shirt. Some events require dress wear.

Court-ordered Community Service: please see Appendix C.

6. Department Policies

Please see your volunteer application for specific guidelines. The Lemont Park District Administrative Manual 3-1 Volunteer Policy also is a resource of information.

6.1 Volunteer Tracking

All volunteers must submit their volunteer hours for tracking purposes. Please use the link below to fill out the tracking form. Depending on your frequency of volunteering, you may fill out the form every time your volunteer or at the end of a season. It is important for the District to compile this information and helps us plan better for the future. We thank you in advance for submitting your hours.

[Lemont Park District Volunteer Tracking – Fill out form](#)



6.2 Volunteer Training

Volunteer training will be dependent on the type of volunteer and the position the person is volunteering for. Please see Lemont Park District Administrative Policy 3-1 Volunteer Policy for more information.

All volunteers will receive safety and emergency training appropriate for their position and location.

6.3 Volunteer Recognition

Please see Lemont Park District Administrative Policy 3-1 Volunteer Policy for more information.

6.4 Volunteer Background Checks

This is the link to fill out a Volunteer Background Check:

<https://lemontparkdistrict.quickapp.pro/apply/applicant/new/13562>. You may not start volunteering until you hear back from a park district representative that your background has cleared.

Please see Lemont Park District Administrative Policy 3-1 Volunteer Policy for more information.

6.5 Volunteer Insurance Coverage Information

The Park District Risk Management Agency (PDRMA) is an intergovernmental membership organization that provides for insurance and risk management best practices for the Lemont Park District. The Lemont Park District carries limited medical accident coverage for its Volunteers. Therefore, it is strongly urged that all Volunteers review their own health insurance policy for coverage.

7. Review and Revision Process

This Volunteer Handbook will be reviewed and updated annually. Please speak with your volunteer coordinator for any recommended updates or suggestions.



8. ACKNOWLEDGEMENT

LEMONT PARK DISTRICT VOLUNTEER HANDBOOK

I acknowledge having received and read a copy of the Lemont Park District Volunteer Handbook, and I agree to become familiar with its contents. I further understand that I will contact my volunteer coordinator if I have any questions or do not understand the contents of any part of this manual. I understand that the manual may have to be changed from time to time, and updates will be available. I further understand that violating any policy within this handbook or any other Park District policy, rule or guideline may subject me to disciplinary action up to and including dismissal.

Please sign and date this acknowledgment; it will be saved in the volunteer files.

Name	Signature	Date

Volunteer Position



3-1 VOLUNTEER POLICY

3-1.A Use of Volunteers: The Board supports the use of volunteers to share time and expertise for the betterment of the community. Staff will match services with District needs and help volunteers determine the appropriate areas to provide their support: Volunteer Coaches/Parents, Special Event Help and Court-ordered Community Service. The work performed by volunteers should not only enhance staff's ability to establish, maintain, expand and improve District resources, but also try to meet a volunteer's personal needs and preferences by providing an opportunity to develop or learn new skills, meet people, serve the community or fulfill academic or other requirements.

3-1.B Solicitation of Volunteers: Information on how to become a volunteer for the District may be found in the following areas: brochures, direct phone calls, Volunteer Application Forms, direct solicitation with area schools, religious organizations and clubs, District website, flyers, word of mouth, community service/court ordered volunteers and inquiries from prospective volunteers.

Staff may request volunteer help by contacting the Marketing and Communications Department.

When volunteers are being used for large events, Special Event Coordinator, or the person running the event, will contact the volunteers to remind them of the date and time of the commitment. Volunteers must sign a waiver prior to performing any volunteer work.

3-1.C Tracking of Volunteers: District Staff are required to track all volunteer names and hours and submit them to the Risk and Personnel Department. The Human Resources Manager complies and tracks all volunteer hours in a spreadsheet and utilizes the Association of Volunteer Administrators (AVA) dollar value of volunteer time to calculate the financial impact of volunteers.

3-1.D Training for Volunteers: Volunteers receive on-the-job training. Depending on the assignment, training can range from a short briefing to long-term, on-going learning in a special area of interest such as horticulture or computer skills. Training is conducted on a one-on-one basis for many volunteer jobs. However, some specific jobs require a group training session.

3-1.E Volunteer Recognition: The District recognizes volunteers annually during National Volunteer Month in April.



3.1.F Volunteer Job Titles and Descriptions: Volunteer job descriptions are available and updated when appropriate and are the basis for:

- Developing the appropriate message and distribution of recruitment materials;
- Setting criteria for selection and placement of volunteers;
- Formulating necessary content and type of training;
- Establishing standards for performance in supervising and evaluating volunteers including grounds for possible termination of service; and
- Understanding the scope of work to be considered in recognizing and rewarding volunteer efforts.

3.1.G Volunteer Handbook: The Risk and Personnel Department complies and provides a Volunteer Handbook to volunteers who have volunteered a minimum of five (5) hours. Volunteers are asked to sign a Volunteer Acknowledgement Form upon receiving the manual.

3.1.H Volunteer Background Checks: To provide a safe environment, the District conducts criminal background checks as prescribed by State law.

Volunteer Coaches/Parents: required for prospective volunteers

Special Event Help: maybe required for prospective volunteers over the age of 18

Court-ordered Community Service: required for all prospective volunteers

A background check may be required for any position deemed necessary by the Executive Director or their designee.

Background check results are kept strictly confidential. The Executive Director, or their designee, is the only person who shall review or have access to the reports. See the District Employee Policy Manual for the District's policy on background checks for employees.



Volunteer Application and Agreement

Thank you for your interest in being a volunteer for the Lemont Park District. Please complete this form and submit it to the Volunteer Coordinator. Completion of this application does not guarantee you a volunteer position. A staff member will contact you upon submission of this form, and if this agency selects you to be a volunteer, it will require you to complete a Waiver and Release Form, as well as to provide emergency contact information and a background check.

We cannot accept volunteers who have committed any type of felony, violent crimes or crimes against minors, sexual offenses, theft, or robbery, unless approved by the Risk Manager.

Age and Ability Requirement: All Lemont Park District volunteers should be ages 18 years of age or older. Volunteers ages 14 to 17 may apply but will have limitations in what they are able to do and therefore the hours available may be limited and must follow all Illinois State Child Labor Laws. Ability to lift and/or move up to 50 lbs. with assistance.

Steps to Get Started:

1. Fill out the Volunteer Application and Agreement in its entirety, must read and agree to all responsibilities and guidelines.
2. Complete a background check. Volunteers cannot start their service hours until notified that we have received a clear background check.
 - a. Volunteers will receive a link to initiate the background check process. The background check process takes 7 to 10 business days to complete. You will be notified when the background check has been completed.
3. Complete and turn in the Volunteer Waiver. **PARTICIPATION WILL BE DENIED if the signature of the volunteer and date are not on this waiver.**
4. Please turn in all documentation to the Volunteer Coordinator.
5. Schedule your first day volunteer orientation with the Volunteer Coordinator.

Volunteer Responsibilities:

- Depending on what program or special event you volunteer for, your responsibilities may be different. Below are some of the different types of responsibilities volunteers may have with different types of programs:
 - Program and Leagues: Volunteers support recreation programs by assisting staff during programs and sports leagues and teams. They help organize equipment and supplies, coach teams and supervise participants during practices and games. Additionally, volunteers may assist with running league games and meets in positions such as scorekeeper, timer, etc.
 - Special Events: Volunteers assist with community events by helping set up and take down equipment such as tables, chairs, and tents. They support activities like festivals, races, and outdoor movie nights, greet guests, provide event information, and help manage activity stations, games, or courses.
- Performs other duties as assigned.



Volunteer Application and Agreement

Volunteer's Information

Full Name:

Age:

Phone Number:

Email Address:

Address:

Emergency Contact Name:

Emergency Contact Phone Number:

Days/Times Available to Serve:

Volunteer Time Tracking: Please submit all completed volunteer hours by using this link: [Lemont Park District Volunteer Tracking – Fill out form](#)

Volunteer Guidelines:

1. It is the intention of the Lemont Park District to create a non-exclusive non-employee relationship with the volunteers. The volunteer acknowledges and agrees that he/she is not entitled to any benefits or protections afforded employees of the Lemont Park District or bound by any obligations of employees of the Lemont Park District. The volunteer understands and fully agrees that he/she will not be covered under provisions of the unemployment compensation insurance of the Lemont Park District or the workers' compensation insurance of the Lemont Park District, and that any injury or property damage on the job will be volunteer's sole responsibility and not the Lemont Park District's. Also, it is understood that volunteer is not protected as an employee or as a person acting as an agent or employee under the provisions of the general liability insurance of the Lemont Park District, and therefore, the volunteer will be solely responsible for volunteer's own actions.
2. It is the intention of the parties to create a non-exclusive, non-employee relationship. The volunteer may engage in other business activities and provide similar services to other entities and businesses while not on time with the Lemont Park District.
3. The volunteer agrees not to hold him/herself out as an employee or joint employee of the Lemont Park District to members of the public.
4. The volunteer shall wear proper attire and shall report to the assigned volunteer shift (10) minutes prior to each assigned shift. Proper attire consists of jeans or khaki pants pulled up to waist and belt to keep jeans around waist, closed toed shoes, tucked in shirt. Proper attire is to appear neat and clean without rips and tears, also including no improper language or designs. The volunteer is required to wear a volunteer vest to be identifiable to staff and the public as a volunteer.



5. The volunteer is expected to arrive ready to perform any tasks assigned during the shift. If the volunteer arrives more than 10 minutes late, he/she will need to reschedule their volunteer shift with the Coordinator. If the volunteer misses or reschedules three of their volunteer's shifts the volunteer will no longer be allowed to perform volunteer hours at the Lemont Park District.
6. In the event the volunteer fails to arrive for an assigned shift, the Lemont Park District will not approve the volunteer for those specific assigned hours.
7. The volunteer agrees to perform the above duties to the best of her/his ability. If the volunteer does not perform or work toward the goal of the Lemont Park District to continue to provide quality facilities and services, the hours worked by the volunteer will not be counted. If the volunteer puts in a true effort and the task cannot be completed the hours will count.
8. Volunteers may not use Lemont Park District computers. Volunteers are not allowed to use Lemont Park District phones without permission from supervising staff members. Volunteers may not use their phones while performing volunteer hours.
9. Volunteers must abide by all Lemont Park District facility rules, behavior policies and General Use Ordinances.

I understand that, as a volunteer, I will be assigned to perform whatever duties the Lemont Park District considered most necessary and helpful to its operation. I also understand that my work will be reviewed, and, at any time, the Lemont Park District may terminate my services.

By submitting this application, I affirm the facts set forth in the application are true and complete. I understand if I am accepted as a volunteer, any false statements, omissions, or other misrepresentations made by me on this application may lead to the immediate end of my ability to volunteer with the agency.

PRINTED VOLUNTEER'S NAME	VOLUNTEER'S SIGNATURE	DATE
---------------------------------	------------------------------	-------------

PARENT/GUARDIAN'S NAME	PARENT/GUARDIAN'S SIGNATURE	DATE
-------------------------------	------------------------------------	-------------

Parent/Guardian must sign if volunteer is under the age of 18.

It is the policy of Lemont Park District to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, disability, or any other legally protected basis. Please advise Coordinator if you need any accommodation to participate in the application process.



Court Ordered Community Service Application and Agreement

The Lemont Park District provides volunteer opportunities for individuals who need court ordered community service hours. This agreement below explains the requirements and expectations of our organization for this type of volunteer work.

We cannot accept volunteers who have committed any type of felony, violent crimes or crimes against minors, sexual offenses, theft, or robbery, unless approved by the Risk Manager.

Age and Ability Requirement: All Lemont Park District volunteers should be ages 18 years of age or older. Volunteers ages 14 to 17 may apply but will have limitations in what they are able to do and therefore the hours available may be limited and must follow all Illinois State Child Labor Laws. Ability to lift and/or move up to 50 lbs. with assistance.

Steps to Get Started:

1. Fill out the Court Ordered Community Service Volunteer Application and Agreement in its entirety, must read and agree to all responsibilities and guidelines.
2. Complete a background check. Volunteers cannot start their service hours until they are notified that we have received a cleared background check.
 - a. Volunteers will receive a link to initiate the background check process. The background check process takes 7 to 10 business days to complete. You will be notified when the background check has been completed.
3. Complete and turn in the Volunteer Waiver. **PARTICIPATION WILL BE DENIED if the signature of the volunteer and date are not on this waiver.**
4. Please turn in all documentation to the Coordinator.
5. Schedule your first day volunteer orientation with the Volunteer Coordinator.

Volunteer Responsibilities:

- Perform routine cleaning and sanitizing of restrooms, offices, meeting rooms, public areas, and preschool rooms. This includes but is not limited to sweeping and mopping hard surface floors, vacuuming carpets, washing walls, windows, counter tops, appliances, and fixtures in addition to trash removal.
- Room set up and teardown of all equipment needed for program and event space by facility and recreation staff. Including lifting and arranging chairs and tables, court set up and moving supplies.
- Replenish classroom and rest room supplies (e.g., paper towels, soap, etc.) to ensure adequate quantities for daily use.
- Assist with seasonal maintenance including moving furniture, painting, and snow removal if necessary.
- Performs other duties as assigned.



Court Ordered Community Service Application and Agreement

Volunteer's Information

Full Name:

Age:

Phone Number:

Email Address:

Address:

Emergency Contact Name:

Emergency Contact Phone Number:

Number of Hours To Be Served:

Date Hours Must be Served By:

Days/Times Available to Serve:

Caseworker/Probation Officer Information

Name:

Title:

Phone Number:

Email Address:

Volunteer Time Tracking: Court ordered hours must be approved and signed off on the day worked by designated District staff, most likely the Manager on Duty. The tracking sheet is located at the CORE Service Desk.

Volunteer Guidelines:

1. It is the intention of the Lemont Park District to create a non-exclusive non-employee relationship with the volunteers. The volunteer acknowledges and agrees that he/she is not entitled to any benefits or protections afforded employees of the Lemont Park District or bound by any obligations of employees of the Lemont Park District. The volunteer understands and fully agrees that he/she will not be covered under provisions of the unemployment compensation insurance of the Lemont Park District or the workers' compensation insurance of the Lemont Park District, and that any injury or property damage on the job will be volunteer's sole responsibility and not the Lemont Park District's. Also, it is understood that volunteer is not protected as an employee or as a person acting as an agent or employee under the provisions of the general liability insurance of the Lemont Park District, and therefore, the volunteer will be solely responsible for volunteer's own actions.
2. It is the intention of the parties to create a non-exclusive, non-employee relationship. The volunteer may engage in other business activities and provide similar services to other entities and business while not on time with the Lemont Park District.



3. The volunteer agrees not to hold him/herself out as an employee or joint employee of the Lemont Park District to members of the public.
4. The volunteer shall wear proper attire and shall report to the assigned volunteer shift (10) minutes prior to each assigned shift. Proper attire consists of jeans or khaki pants pulled up to waist and belt to keep jeans around waist, closed toed shoes, tucked in shirt. Proper attire is to appear neat and clean without rips and tears, also including no improper language or designs. The volunteer is required to wear a volunteer vest to be identifiable to staff and the public as a volunteer.
5. The volunteer is expected to arrive ready to perform any tasks assigned during the shift. If the volunteer arrives more than 10 minutes late, he/she will need to reschedule their volunteer shift with the Coordinator. If the volunteer misses or reschedules three of their volunteer's shifts the volunteer will no longer be allowed to perform volunteer hours at the Lemont Park District.
6. In the event the volunteer fails to arrive for an assigned shift, the Lemont Park District will not approve the volunteer for those specific assigned hours.
7. The volunteer agrees to perform the above duties to the best of her/his ability. If the volunteer does not perform or work toward the goal of the Lemont Park District to continue to provide quality facilities and services, the hours worked by the volunteer will not be counted. If the volunteer puts in a true effort and the task cannot be completed the hours will count.
8. Volunteers may not use Lemont Park District computers. Volunteers are not allowed to use Lemont Park District phones without permission from supervising staff members. Volunteers may not use their phones while performing volunteer hours.
9. Volunteers must abide by all Lemont Park District facility rules, behavior policies and General Use Ordinances.

I understand that, as a court ordered community service volunteer, I will be assigned to perform whatever duties the Lemont Park District considered most necessary and helpful to its operation. I also understand that my work will be reviewed, and, at any time, the Lemont Park District may terminate my services.

By submitting this application, I affirm the facts set forth in the application are true and complete. I understand if I am accepted as a volunteer, any false statements, omissions, or other misrepresentations made by me on this application may lead to the immediate end of my ability to volunteer with the agency.

PRINTED VOLUNTEER'S NAME

VOLUNTEER'S SIGNATURE

DATE

PARENT/GUARDIAN'S NAME

PARENT/GUARDIAN'S SIGNATURE

DATE

Parent/Guardian must sign if volunteer is under the age of 18.

It is the policy of Lemont Park District to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, disability, or any other legally protected basis. Please advise Coordinator if you need any accommodation to participate in the application process.



Volunteer Waiver and Release

Important Information

The Lemont Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of volunteers in high regard. The Lemont Park District continually strives to reduce such risks and asks that all volunteers follow safety rules and instructions that are designed to protect the volunteer's safety. However, volunteers must recognize that there is an inherent risk of injury when choosing to volunteer for any activity or program.

Please recognize that the Lemont Park District carries only limited medical accident coverage for volunteers; therefore, it is strongly urged that all volunteers review their own health insurance policy for coverage. Additionally, each volunteer is solely responsible for determining if he/she is physically fit and/or properly skilled for any volunteer activity. It is always advisable, especially if the volunteer is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when providing volunteer services. Understandably, not all hazards and dangers can be foreseen. Volunteers must understand that depending upon the volunteer services, certain risks, dangers and injuries due to acts of God, inclement weather, slip and falls, inadequate or defective equipment, failure in supervision or instruction, premises defects, horseplay, carelessness, lack of skill or technique, and all other circumstances inherent to the particular volunteer services exist. In this regard, it must be recognized that it is impossible for the Lemont Park District to guarantee absolute safety.

Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in consideration for providing volunteer services, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you may sustain as a result of participating in any and all activities connected with and associated with your volunteer services (including transportation services/vehicle operations, when provided).

As a volunteer, I recognize and acknowledge that there are certain risks of physical injury to volunteers in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that I may sustain as a result of my volunteer services. I further agree to waive and relinquish all claims I may have (or accrue to me) as a result of my volunteer services against the Lemont Park District, including its officers, officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages, or loss that I may have or which may accrue to me and arising out of, connected with, or in any way associated with my volunteer services.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

VOLUNTEER'S NAME

SIGNATURE *Parent/Guardian's and Signature is required if volunteer is under 18.

DATE

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.