



CORE - OPEN GYM SCHEDULE



Monday 6/10

Bar None	9am-10am	Court 1 East
Open Gym (All Ages)	9am-8pm	Open Courts
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
LAC Basketball Rental (Bring out rack of chairs)	6pm-7:30pm	Court 3
Body Pump	6:15pm-7:15pm	Court 1 East
Private Basketball Rental	8pm-10pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Friday 6/14

Open Gym (All Ages)	9am-1pm	Open Courts
Power Cardio	9:15am-10:15am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 2 and 3
Day Camp	1pm-3pm	Court 1
Open Gym	2:30pm-8pm	Open Courts
Pickle Ball	5pm-8pm	Court 1

No Open Gym 1pm-2:30pm

Tuesday 6/11

Bootcamp	5:30am-6:30am	Court 1
Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Open Gym (All Ages)	9am-8pm	Open Courts
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Team Weightloss	6pm-7pm	Court 1 East
Private Basketball Rental	6pm-8pm	Court 1 West
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Saturday 6/15

Open Gym	8am-6pm	Open Courts
Bootcamp	8am-9am	Court 1
Kids 1st Volleyball	9am-11am	Court 2
Zumba	9:15am-10:15am	Court 1

Wednesday 6/12

Strength Embrace	8am-8:45am	Court 1 East
Body Pump	9am-10am	Court 1 East
Open Gym (All Ages)	9am-10:30am	Open Courts
Soccer Made in America	9am-12pm	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	12pm-8pm	Open Courts
Pickle Ball	5pm-8pm	Court 3
Dodgeball and Pizza	6pm-8pm	Court 2
Body Pump	6:15pm-7:15pm	Court 1 East
Open Gym (Adult 18+)	8pm-10pm	Open Courts

NO Open Gym 10:30am-12pm

Open Gym Free for Residents 3pm-6pm

Thursday 6/13

Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Open Gym (All Ages)	9am-8pm	Open Courts
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Team Weightloss	6pm-7pm	Court 1 East
Basketball Rental	7:30pm-9pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Sunday 6/16

Open Gym	8am-6pm	Open Courts
Pickle Ball	3pm-6pm	Court 3
LAC Basketball Rental (Bring out rack of chairs)	4:30pm-6pm	Court 1

Open Gym Free for Residents 9am-12pm

Additional Information

Core Members - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.

Open Gym Pass Holders - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.

Walk-ins - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.

Open Gym Sessions - Each Open Gym session will require a payment/check-in for each session listed.

Schedule is subject to change