



## CORE - OPEN GYM SCHEDULE



### Monday 5/13

Bar None	9am-10am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Pickle Ball	4pm-6pm	Court 1
LAC Basketball Rental (Bring out rack of chairs)	6pm-7:30pm	Court 3
Body Pump	6:15pm-7:15pm	Court 1 East
Private Basketball Rental	8pm-10pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Tuesday 5/14

Preschool Graduation	5am-2:30pm	Court 2
Bootcamp	5:30am-6:30am	Court 1
Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Preschool Graduation	10:30am-2:30pm	Courts 1 and 3
Open Gym (All Ages)	3pm-8pm	Open Courts
Private Basketball Rental	6pm-8pm	Court 1 West
Team Weight Loss	6pm-7pm	Court 1 East
Open Gym (Adult 18+)	8pm-10pm	Open Courts

No Pickle Ball 10:30am-2:30pm due to preschool graduation

### Wednesday 5/15

Strength Embrace	8am-8:45am	Court 1 East
Body Pump	9am-10am	Court 1 East
All Star T-Ball	9:45am-10:30am	Court 3 West
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Preschool Graduation	2:30pm-8:30pm	Courts 2 and 3
Open Gym (All Ages)	3pm-6pm	Open Courts
Preschool Graduation	6pm-8:30pm	Court 1
Open Gym (Adult 18+)	8:30pm-10pm	Open Courts

Open Gym Free for Residents 3pm-6pm

No Pickle Ball 5pm-8pm due to preschool graduation  
No Open Gym from 6pm-8:30pm due to preschool graduation

### Thursday 5/16

Stroller Strides	5:45am-6:45am	Court 1
Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Team Weight Loss	6pm-7pm	Court 1 East
Basketball Rental	7:30pm-9pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Friday 5/17

Power Cardio	9:15am-10am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Pickle Ball	4pm-9pm	Court 3
Open Gym (All Ages)	3pm-8pm	Open Courts
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Saturday 5/18

Bootcamp	8am-9am	Court 1
Open Gym	8am-8pm	Open Courts
All Star Super Sports	9am-9:45am	Court 3 East
Zumba	9:15am-10:15am	Court 1
LPD Gym Birthday Party	12pm-2pm	Court 2 East
All Star Basketball	1pm-2pm	Court 3 East
LPD Gym Birthday Party	3pm-5pm	Court 2

### Sunday 5/19

Open Gym	8am-8pm	Open Courts
LPD Gym Birthday Party	1pm-3pm	Court 2 West
LAC Basketball Rental (Bring out rack of chairs)	4:30pm-6pm	Court 1
Pickle Ball	5pm-8pm	Court 3

Open Gym Free for Residents 9am-12pm

### Additional Information

**Core Members** - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.

**Open Gym Pass Holders** - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.

**Walk-ins** - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.

**Open Gym Sessions** - Each Open Gym session will require a payment/check-in for each session listed.

**Schedule is subject to change**