



## CORE - OPEN GYM SCHEDULE



### Monday 3/4

Bar None	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
SEASPAR Fitness Class	10:15am-11am	Court 1 West
Pickle Ball Meeting	10:30am-11am	Courts 2
Pickle Ball *Free Pickle Ball*	10:30am-2:30pm	Courts 2 and 3
Open Gym (All Ages)	3pm-8pm	Open Courts
All Star Soccer	4:30pm-5:30pm	Court 3 East
Pickle Ball Meeting	4:30pm-5pm	Court 2
Pickle Ball *Free Pickle Ball*	5pm-6:30pm	Court 2
All Star T-Ball	5:45pm-6:30pm	Court 3 East
DR32 Basketball Practice	6pm-7:30pm	Court 3 West
Body Pump	6:15pm-7:15pm	Court 1 East
DR32 Basketball Practice	7:30pm-9pm	Court 3
Private Basketball Rental	8pm-10pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Tuesday 3/5

Bootcamp	5:30am-6:30am	Court 1
Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-6:30pm	Open Courts
DR32 Basketball Practice	4:30pm-6pm	Court 2
Rec League Practice	5pm-6pm	Court 1 West
Itty Bitty HOOPS	5:30pm-7:30pm	Court 3
Itty Bitty HOOPS (Lower hoops/set up scoreboards)	6:30pm-7:30pm	Court 2 West
DR32 Basketball Practice	7pm-8:30pm	Court 1
Volleyball Rental	8pm-10pm	Court 3
Open Gym (Adult 18+)	7:30pm-10pm	Open Courts

### Wednesday 3/6

Strength Embrace	8am-8:45am	Court 1 East
Body Pump	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Just For Fun Sports	11:30am-12pm	Court 3
Open Gym (All Ages)	3pm-8pm	Open Courts
Pickle Ball	5pm-6:30pm	Court 2
Body Pump	6:15pm-7:15pm	Court 1 East
Adult Basketball League	7pm-10pm	Court 3
Adult Basketball League	8pm-10pm	Court 2
Open Gym (Adult 18+)	8pm-10pm	Open Courts
<b>Open Gym Free for Residents 3pm-6pm</b>		

### Thursday 3/7

Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
OQMS Basketball Practice	2:30pm-4pm	Court 1
Open Gym (All Ages)	3pm-6pm	Open Courts
Softball Rental (No Cages)	6pm-7pm	Court 1
Rec League Playoffs	6pm-9pm	Court 2
Rec Basketball Practice	6pm-7pm	Court 3
Batting Cage Rental (one cage closest to door)	7:30pm-9:30pm	Court 3
Basketball Rental	7:30pm-9pm	Court 1
Open Gym (Adult 18+)	9pm-10pm	Open Courts

No Open Gym from 6pm-9pm

### Friday 3/8

Power Cardio	9:15am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
All Star Basketball	3:45pm-4:45pm	Court 3 East
All Star Hockey	5pm-6pm	Court 3 East
DR32 Basketball Rental	5pm-8pm	Court 1

### Saturday 3/9

Bootcamp	8am-9am	Court 1
Open Gym	8am-8pm	Open Courts
All Star Super Sports	9am-9:45am	Court 3 East
Zumba	9:15am-10:15am	Court 1
All Star Soccer	10:45am-11:45am	Court 3 East
Multi-Sports	11am-2pm	Court 3 West
Private Rental	11:30am-2:30pm	Courts 1
All Star Basketball	12pm-1:45pm	Court 3 East

### Sunday 3/10

Open Gym	8am-8pm	Open Courts
Pickle Ball	5pm-8pm	Court 2
Softball Rental (no cages)	6:30pm-7pm	Court 1

**Open Gym Free for Residents 9am-12pm**

### Additional Information

**Core Members** - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.  
**Open Gym Pass Holders** - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.  
**Walk-ins** - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.  
**Open Gym Sessions** - Each Open Gym session will require a payment/check-in for each session listed.

**Schedule is subject to change**