



## CORE - OPEN GYM SCHEDULE



### Monday 3/11

Bar None	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 2 and 3
Open Gym (All Ages)	3pm-8pm	Open Courts
All Star Soccer	4:30pm-5:30pm	Court 3 East
Pickle Ball	5pm-6:30pm	Court 2
All Star T-Ball	5:45pm-6:30pm	Court 3 East
DR32 Basketball Practice	6pm-7:30pm	Court 3 West
Body Pump	6:15pm-7:15pm	Court 1 East
DR32 Basketball Practice	7:30pm-9pm	Court 3
Private Basketball Rental	8pm-10pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Tuesday 3/12

Bootcamp	5:30am-6:30am	Court 1
Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Rec League Practice	5pm-6pm	Court 1 West
Itty Bitty HOOPS	5:30pm-7:30pm	Court 3
Itty Bitty HOOPS (Lower hoops/set up scoreboards)	5:30pm-6:30pm	Court 2 West
Team Weight Loss	6pm-7pm	Court 1 East
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Wednesday 3/13

Strength Embrace	8am-8:45am	Court 1 East
Body Pump	9am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Just For Fun Sports	11:30am-12pm	Court 3
Open Gym (All Ages)	3pm-8pm	Open Courts
Pickle Ball	5pm-6:30pm	Court 2
Body Pump	6:15pm-7:15pm	Court 1 East
Adult Basketball League	7pm-10pm	Court 3
Adult Basketball League	8pm-10pm	Court 2
Open Gym (Adult 18+)	8pm-10pm	Open Courts
Open Gym Free for Residents 3pm-6pm		

### Thursday 3/14

Tabata	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Team Weight Loss	6pm-7pm	Court 1 East
Lemont Jr. Woman's Club Self Defense Class	7pm-10pm	Court 2
Basketball Rental	7:30pm-9pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Friday 3/15

Power Cardio	9:15am-10am	Court 1 East
Stroller Strides	9:30am-10:45am	Court 3
Pickle Ball	10:30am-2:30pm	Courts 1 and 2
Open Gym (All Ages)	3pm-8pm	Open Courts
All Star Basketball	3:45pm-4:45pm	Court 3 East
All Star Hockey	5pm-6pm	Court 3 East
Futsal	7:30pm-9pm	Court 3
Open Gym (Adult 18+)	8pm-10pm	Open Courts

### Saturday 3/16

Bootcamp	8am-9am	Court 1
Open Gym	1:30pm-8pm	Open Courts
Kids Rummage Sale	8am-1:30am	Court 2
All Star Super Sports	9am-9:45am	Court 3 East
Zumba	9:15am-10:15am	Court 1
All Star Soccer	10:45am-11:45am	Court 3 East
Multi-Sports	11am-2pm	Court 3 West
All Star Basketball	12pm-1:45pm	Court 3 East

No Open Gym from 7am-1:30pm

### Sunday 3/17

Open Gym	8am-8pm	Open Courts
Rec League Championship	9am-12pm	Court 1
Pickle Ball	5pm-8pm	Court 3
Softball Rental (no cages)	6:30pm-7pm	Court 1

Open Gym Free for Residents 9am-12pm

### Additional Information

**Core Members** - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.

**Open Gym Pass Holders** - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.

**Walk-ins** - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.

**Open Gym Sessions** - Each Open Gym session will require a payment/check-in for each session listed.

**Schedule is subject to change**