

# *Healthways SilverSneakers® Fitness At The CORE!*

## *CALLING ALL ACTIVE ADULTS!*

The Lemont Park District CORE Fitness & Aquatic Complex is now a Healthways SilverSneakers Fitness® program approved facility!

Your Medicare health plan, Medicare Supplement carrier or group retiree plan may include SilverSneakers as part of your benefit package. Find out how to take advantage of all that SilverSneakers has to offer... such as a basic fitness membership at The CORE!

Please visit [www.silversneakers.com](http://www.silversneakers.com) for more information or call 1-888-423-4632 to speak with a customer service representative to see if your plan offers the SilverSneakers Fitness program.

Once you have confirmation that you are eligible from your provider and have a membership number, stop by The CORE Service Desk and get registered so you can be on your way to a healthier you! \*SilverSneakers is a registered trademark of Healthways, Inc.



**For more info call 630-257-6787 or visit [www.LemontParkDistrict.org](http://www.LemontParkDistrict.org)**