



CORE - OPEN GYM SCHEDULE



Monday 9/11

Bar None	9am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Pickle Ball	5pm-6:30pm	Court 2
Body pump	6:15pm-7:15pm	Court 1 East
LAC Practice	7pm-8:30pm	Court 3
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Tuesday 9/12

Bootcamp	5:30am-6:30am	Court 1 East
Body shred	8:15am-9am	Court 1 East
CRT	9:45am-10:30am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Guiding Light PE	12:45pm-1:45pm	Court 3 East
Guiding Light PE	12:45pm-1:45pm	Court 2
Team Weight Loss	6pm-7pm	Court 1 West
Bodycombat	6:45pm-7:45pm	Court 1 East
Open Gym (All Ages)	3pm-8pm	Open Courts
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Wednesday 9/13

Body pump	9am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3-8pm	Open Courts
All-Star Basketball A/S	4:15pm-5:15pm	Court 3 East
Pickle Ball	5pm-6:30pm	Court 2
Sportkids Tot-Fitness/ Sports Kids Double Play	4:45pm-6:15pm	Court 3 West
Body pump	6:15pm-7:15pm	Court 1 East
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Open Gym Free for Residents 3pm-6pm

Thursday 9/14

Body Shred	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Guiding Light PE	12:45pm-1:45pm	Court 3 East
Guiding Light PE	12:45pm-1:45pm	Court 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Team Weight Loss	6pm-7pm	Court 1 West
Basketball Rental	7pm-8:30pm	Court 3
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Friday 9/15

Bodyshred	9:15am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3pm-10pm	Open Courts

Saturday 9/16

Bootcamp	8am-9am	Court 1 East
Open Gym (All Ages)	8am-8pm	Open Courts
Kids First Basketball	9am-11am	Court 3 West
Basketball Rental	9am-11:30am	Court 2
Zumba	9:15am-10:15am	Court 1 East
All-Star Basketball	9:45am-10:45am	Court 3 East

Sunday 9/17

Open Gym (All Ages)	8am-6pm	Open Courts
Basketball Rental	9am-11am	Court 3
Pickle Ball	5pm-8pm	Court 2

Open Gym Free for Residents 9am-12pm

Additional Information

Core Members - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.
Open Gym Pass Holders - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.
Walk-ins - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.
Open Gym Sessions - Each Open Gym session will require a payment/check-in for each session listed.

Schedule is subject to change