



CORE - OPEN GYM SCHEDULE



Monday 4/17

Bar None	9am-10am	Court 1 East
Guiding Light	1pm-2pm	Court 2 West/Court 3
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3pm-8pm	Open Courts
All-Star Soccer	3:45pm-5:30pm	Court 3 West
LAC	4:30pm-6pm	Court 1
Pickle Ball	5pm-6:30pm	Court 2
Body pump	6:15pm-7:15pm	Court 1 East
All-Star Flag Football	5:30pm-6:30pm	Court 3 West
Open Gym (Adult 18+)	8pm-10pm	Courts 2 & 3
Basketball Rental	8pm-10pm	Court 1

Tuesday 4/18

Bootcamp	5:30am-6:30am	Court 1 East
Body shred	8am-8:45am	Court 1 East
Body shred	9am-9:45am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Team Weightloss	6pm-7pm	Court 1 East
Huskies Practice	6pm-9pm	Court 3
Open Gym (Adult 18+)	8pm-10pm	Open Courts

Wednesday 4/19

Body pump	9am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Guiding Light	1pm-2pm	Court 2 West/Court 3
Open Gym (All Ages)	3pm-6pm	Open Courts
Pickle Ball	5pm-6:30pm	Court 2
Open Gym (All Ages)	6pm-6:30pm	Court 1 West ONLY
Dodgeball and Pizza	6pm-8pm	Court 3
Body pump	6:15pm-7:15pm	Court 1 East
Open Gym (All Ages)	6:30pm-8pm	Court 2
Open Gym (Adult 18+)	8pm-10pm	Court 1

Open Gym Free for Residents 3pm-6pm

Thursday 4/20

Body Shred	8am-8:45am	Court 1 East
CRT	9am-10am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Softball Practice (No Cages Needed)	2:30pm-4pm	Court 3
Open Gym (All Ages)	3pm-8pm	Open Courts
LAC Basketball Rental	4:30pm-6pm	Court 1
Team Weightloss	6pm-7pm	Court 1 East
Lockport Legacy	6pm-8pm	Court 3 West
Basketball Rental	7pm-8:30pm	Court 1
Open Gym (Adult 18+)	8:30pm-10pm	Open Courts
Open Gym (Adult 35+)	8:30pm-10pm	Court 1

Friday 4/21

Bodyshred	9am-9:45am	Court 1 East
Pickle Ball	9am-12pm	Court 2
Open Gym (All Ages)	3pm-8pm	Open Courts
Huskies Rental	6pm-9pm	Court 1
Open Gym (Adult 18+)	8pm-10pm	Court 2 & 3

Saturday 4/22

Bootcamp	8am-9am	Court 1 East
Zumba	9:15am-10:15am	Court 1 East
Open Gym (All Ages)	8am-8pm	Open Courts
All-Star Basketball	9am-10:45am	Court 3 East
Kids First Basketball	10am-11am	Court 3 West
Lockport Legacy	12pm-2pm	Court 3 West
Birthday Party (Gym Theme)	3pm-5pm	Court 1 East
Lemont Lighting Batting Cage Rental	3:15pm-5:30pm	Court 3

Sunday 4/23

Open Gym (All Ages)	3pm-8pm	Open Courts
Pickle Ball	5pm-8pm	Court 2

Open Gym Free for Residents 9am-12pm

Additional Information

Core Members - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for CORE Members.
Open Gym Pass Holders - Can use pass during the age appropriate Open Gym times. Can also participate during CORE Member only times as long as CORE Member is directly supervising them. Supervision is always required.
Walk-ins - Have access to the field house during age appropriate Open Gym posted times only. Supervision is always required.
Open Gym Sessions - Each Open Gym session will require a payment/check-in for each session listed.

Schedule is subject to change